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Site Safety Pack update highlights health issues for men and women

Construction Industry Publications have up-dated their site safety pack to include four new items:

- Man Mini Manual and Woman Mini Manual
- Site Safety and You guide book
- CDM 2007 Poster
- CBH Health Assessment Poster

The other contents of the pack include:

- List of Regulations applicable to construction
- Health and Safety Law Poster
- F2508 Accident Reporting Forms (RIDDOR)
- Accident Book
- Reports of Inspection - Excavations & Scaffolds
- Health and Safety Checklist
- Guidance on H&S in Construction; Electrical Safety on Construction Sites; First Aid; Noise; Wiring & Safety Policy; Welfare Facilities

This combined back-to-back Man Mini Manual and Woman Mini Manual from Haynes & the Mens Health Forum, sets out the key health issues facing men and women in the workplace today. It provides a light hearted approach to serious health conditions including heart disease and diet, and breast, ovarian, prostate and testicular cancer. The manual gives practical guidance on the symptoms, causes, prevention and treatment and can help ensure workers are aware of the health risks they face.

Site Safety and You, the pocket sized book on how to create safe working conditions on sites and in workshops, was updated by Construction Industry Publications earlier in 2008. The pocket sized book provides a simple and practical approach to site safety.

Produced in a checklist format, the guide includes information on a wide range of essential issues for effective management of health and safety.

Key issues covered include: Safe Places of Work ; Hand Tools; Working with Plant and Vehicles; Special Hazards, Risks and Substances; Working Near Services ; Occupational Health and First Aid; Welfare Requirements; PPE; Accident Reporting; and Safety Signs and Signals.

The CDM A2 fold out poster is a CDM 2007 Summary of 'Who Does What When'. It describes what the duties of the Client, CDM Co-ordinator, Designer, Principal Contractor, Contractor and Workers are at the different phases of the project in order to comply with the new CDM 2007 regulations. The project phases include Concept, Design, Tender, Construction and Post Construction. This poster serves as an ideal reminder that CDM applies to all throughout the lifetime of the project.

The Constructing Better Health (CBH) Occupational Health Assessment matrix of standards provides information on a range of health assessments matched with specific job profiles.

The proposed 21 standards are all coded and identified as one of the following four key categories:

- Statutory health assessments.
- Strongly recommended assessments - possible legal requirement.
- Recommended - no legal requirement.
- Safety critical role worker assessments (a proposed 'increased risk worker' category has now been removed from the final standards).

Statutory health assessments include respiratory health, hearing, hand-arm vibration syndrome and chest x-rays among the listed standards.

The category for safety critical workers is relevant to a wide range of roles including all mobile plant operators, high-speed road workers, rail track side workers and others identified by risk assessment.

Copies of the Site Safety pack are available to purchase from Construction Industry Publications Ltd (CIP), at £70 per pack plus VAT. Order from CIP, 3 Gatelodge Close, Round Spinney, Northampton, NN3 8RJ. Tel 0870 078 4400, or via their website www.cip-books.com

Notes to editors:

1. Copies of the Site Safety pack are available from the Construction Industry Publications Ltd (CIP), 3 Gatelodge Close, Round Spinney, Northampton, NN3 8RJ.
 - Tel: 0870 078 4400
 - Fax: 0870 078 4401
 - Email: sales@cip-books.com
 - Web: www.cip-books.com